



# PRACTICE

PRACTICE PEACEFUL ACTIONS



C O L O R M E P E A C E F U L

On life's journey there can be pain, there are doubts and there will be tests.

Taking peaceful action is necessary to transcend the pain, doubts and tests that are all along the path of life.

**As Gandhi said . . . 'There is no way to peace, peace is the way.'**

Extending the Olive branch is used as a gesture of peace as well as a peace symbol. With origins in ancient Greece

as a symbol of peace and prosperity, the olive branch is used throughout many western cultures to convey the idea of peace. There are many speculations as to why the olive branch came to symbolize peace.

Some explanations are grounded in the idea that olive trees take a very long time to bear fruit.

Thus the cultivation of olives is something that is generally impossible during times of war.

**PRACTICE MAKES PERFECT . . . PRACTICE PEACEFUL ACTIONS**

I AM PEACE..I AM PEACEFUL